

Weightism

[Dr Jayne Raisborough](#), SSPARC, University of Brighton

This paper furthers our critical purchase on the workings of weight stigma by identifying two complimentary discursive processes; hostile weightism (an aggressive response) and benevolent weightism which may manifest as supporting, sympathetic and friendly. Drawing on examples from weight-loss shows, I argue that hostile weightism serves to render fat as abject and